



### Apologies for the late notice – Thursday 21<sup>st</sup> May 12.30pm

As part of Mental Health Awareness Week the Growth Hub are hosting a webinar bringing together wellbeing experts and business leaders to discuss good mental health and wellbeing in the workplace during the COVID-19 challenge. The session will consider:

- Managing employee concerns about returning to work
- Remote working guidance
- Communicating with individuals and teams
- Useful resources and guidance

Speakers include Alaana Linney from BUPA and Emma Balfe from MIND. You will need to register at : <https://www.businessgrowthhub.com/coronavirus/business-recovery-webinars>

Regards,

*Carol and the RDA Team*

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